

# **The Little Library Book of Nursing Revalidation**

West Hertfordshire Hospitals   
NHS Trust

**Library & Knowledge Service**

## **Welcome to the Little Library Book of Nursing Revalidation**

In this Little Book there are suggestions for books, websites and other resources which offer information on Nursing Revalidation and tips on how to search for relevant evidence.

If you would like help using any of the resources listed, if you would like to know about other available Nursing Revalidation resources, or you need help with finding information for your work or studies, please contact your local East of England Health Libraries service.

Contact details for each library are here: <http://www.eel.nhs.uk>

The Library can be contacted by telephone, email, fax, intranet, and social media or by personal visit.

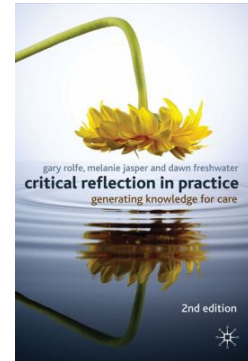
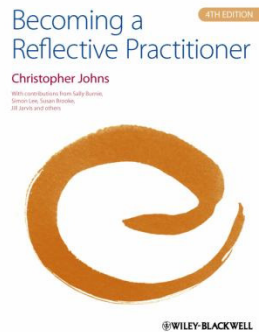
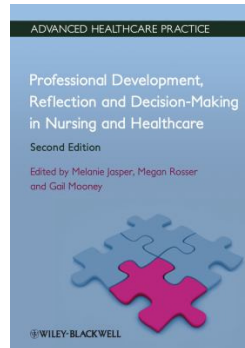
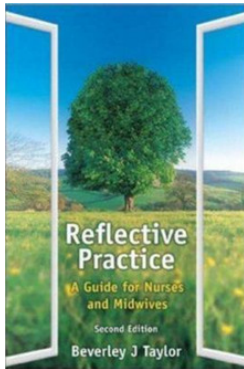
Telephone: 01923 217437

Email: [library.watford@whht.nhs.uk](mailto:library.watford@whht.nhs.uk)

Twitter : **@whhtlibraries**

More information can be found on the library website: <http://whhtlibraries.weebly.com>

## Books for Revalidation available from the Library



Here is a selection of revalidation-related titles held in our library.

Title	Author	Shelf mark
Reflective practice, writing& professional development	Bolton, Gillie	<b>WY 55</b>
Researching critical reflection multidisciplinary perspective	Fook, Jan	<b>WY 86</b>
Successful professional portfolios for nursing students	Reed, Suzanne	<b>WY 55</b>
Beginning reflective practice	Jasper, Melanie	<b>WY54</b>
Reflective practice in nursing	Bulman, Chris	<b>WY 86</b>
Being critically reflective – engaging in holistic practice	Gardner F	<b>WY165</b>
Revalidation : a journey for nurses and midwives	Fairley-Murdoch, M & Ingram, P	<b>WY 57</b>
Reflective practice in nursing	Howatson-Jones, Lioba	<b>WY 55</b>
Becoming a reflective practitioner	Johns, Christopher	<b>WY 55</b>
Writing your nursing portfolio: a step by step guide	Timmins, Fiona	<b>WY 18</b>
Communication skills in health and social care	Moss, Bernard	<b>WA 270</b>
Reflection for nursing life	McKinnon, J	<b>WY 55</b>

Check our online catalogue <http://www.eel.nhs.uk> for details of other titles.

## How to find evidence to support revalidation

### Why review the existing evidence?

- Find the latest knowledge & thinking on your question
- Identify if someone else has already asked the same question(s)
- How well did they conduct their research?
- Are their findings relevant or useful to you in answering your question?
- Is their research methodology appropriate for your question?
- Does the information help you to identify additional questions you should consider?

<b>Where could you look for evidence?</b>	<b>What type of evidence could you search for?</b>
<ul style="list-style-type: none"><li>Colleagues.</li><li>Reference Lists.</li><li>East of England NHS Libraries.</li><li>Cochrane Library.</li><li>PubMed / Medline.</li><li>PsychInfo.</li><li>Cinahl.</li><li>BNI.</li><li>AMED.</li><li>Social Care Online.</li><li>TRIP Database.</li><li>Google Scholar.</li></ul>	<ul style="list-style-type: none"><li>Background</li><li>Case studies</li><li>Clinical trials</li><li>Conference papers</li><li>Continuing Professional Development</li><li>Drug information</li><li>Expert opinion</li><li>Guidelines</li><li>Longitudinal studies</li><li>Qualitative or Quantitative</li><li>Research papers</li><li>Review papers</li><li>Specific country, setting or timeframe</li><li>Supplier information</li></ul>

Find links to relevant and useful databases on the East of England Health Libraries website: [www.eel.nhs.uk](http://www.eel.nhs.uk)

# **How to find evidence to support revalidation**

## **How do you convert your question into a search?**

Identify key concepts using search tools such as PICO:  
Problem/Patient/Population, Intervention, Comparison, Outcome.  
Identify all the keywords, phrases and terminology relevant for each concept.  
Use subject headings such as MeSH.  
Look at broader, narrower and related concepts.  
Consider alternative spellings and truncated words.

## **How do you search?**

Search more than one resource  
Use a mix of keyword searches & formal subject headings  
Use truncation and wildcards  
Carry out separate searches for each of your key concepts first  
Mix and match your search results  
Limit your search results by year, language, age range etc.  
Explode versus focus  
Use citation searches to track who has quoted a particular paper  
Save your search records & search history  
Use email alerts and personalisation services to keep up-to-date on a topic  
Use search filters or clinical enquiry filters  
Ask a Librarian

## **Your Health Care Library is here to help**

Find 'Teach Yourself' guides to search databases on our regional webpages:  
[www.eel.nhs.uk](http://www.eel.nhs.uk)

We offer Training sessions in the library.

We provide you with access to specialist databases, eJournals and eBooks from work or home using your NHS Athens Account.

## How do you know if the evidence is good?

Use tools such as CASP checklists, to evaluate the quality of the evidence you find:

**CASP : Critical Appraisal Skills Programme** [www.casp-uk.net/#/checklists/cb36](http://www.casp-uk.net/#/checklists/cb36)

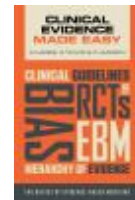
**Centre for Evidence Based Rehabilitation**

<http://srs-mcmaster.ca/research/evidence-based-practice-research-group/>

**How to Read a Paper (BMJ series)**

[www.bmj.com/about-bmj/resources-readers/publications/how-read-paper](http://www.bmj.com/about-bmj/resources-readers/publications/how-read-paper)

**Books:**



Title	Author	Shelf mark
Understanding clinical papers	Bowers, David	<b>W155</b>
A beginner's guide to critical thinking and writing in health and social care	Aveyard, Helen	<b>W 150</b>
Doing a literature review in health and social care: a practical guide	Aveyard, Helen	<b>W 150</b>
Essentials of nursing research; appraising evidence for nursing	Polit, Denise	<b>WY 20</b>
How to read a paper: the basics of evidence-based medicine	Greenhalgh, Trisha	<b>W 155</b>
Understanding nursing research: building an evidence-based practice	Grove, Susan K.	<b>WY 150</b>
Succeeding in literature reviews and research project plans for nursing students	Williamson, Graham	<b>W 150</b>
Crash course: Evidence-based medicine: reading and writing medical papers	Kaura, Amit	<b>W 150</b>

## Journals to support revalidation

Many journals are available to you electronically via the East of England Health Libraries website. Find an A-Z list to all journals you can access:

<http://www.eel.nhs.uk/Home/Yourlocallibrary/EastofEnglandJournals.aspx>

You will need an Athens account to access the full text.

### Useful articles:

**Title: We should embrace revalidation and use it to improve our practice.**

**Citation:** Nursing standard, Apr 2016, vol. 30,no. 34, p. 32-33

**Author:** Tallo, Donato

**Abstract:** Now that the revalidation system has officially launched, I do hope that all nurses and midwives will engage with the process and see it as an effective tool to ensure high standards of nursing and see it as an effective tool to ensure that high standards of nursing and midwifery practice prevail.

**Title: WHY REVALIDATION, WHY NOW?**

**Citation:** Mental Health Practice 2016, vol./is. 19/7(32-33)

**Author:** Scott, Graham

**Abstract:** Over recent months, RCNi editorial director Graham Scott has given a series of popular seminars and online webinars about revalidation. Here, he gives an overview of what you need to know.

**Title: Reflective practice is vital to the revalidation process.**

**Citation:** Emergency Nurse, 2016, vol./is. 19/7(8-9)

**Author:** Dean, Erin

**Abstract:** As the first tranche of staff renew registration this month, emergency nurses explain why a new system was needed.

**Title: Leadership skills: The ethically active manager**

**Citation:** Wounds UK, March 2016, vol./is. 12/1(58-60)

**Author:** Ellis P.

**Abstract:** With an eye to contemporary topics of interest to today's nurse managers, this series explores the issues and challenges associated with becoming a leader. In this article we explore revalidation for nurses, giving advice to managers on how to support their staff through the process.

**Title: Personal reflection: Going through the revalidation pilot**

**Citation:** British Journal of Midwifery, 2016, vol./is. 24/4(242)

**Author:** Smart, Mark

**Abstract:** Mark Smart is a dual-registered nurse and midwife, who works on a busy labour ward at a hospital in Wales. He took part in the revalidation pilot in 2015.

**Don't forget:** to find articles on a topic, you can also search Royal Marsden Manual, Cochrane Library, Medline, CINAHL, BNI, TRIP etc. with your Athens account.

Contact the library for further information.

## Useful websites to support revalidation

**Apollo Nursing Resource** [www.apollonursingresource.com/](http://www.apollonursingresource.com/)

**Behind the headlines** <http://www.nhs.uk/News/Pages/NewsIndex.aspx>

**Biomed Central** [www.biomedcentral.com](http://www.biomedcentral.com)

**Chief Nursing Officer England Bulletin**  
<https://www.england.nhs.uk/category/publications/cno-bulletin/>

**Clinical Trials Toolkit (NIHR)** [www.ct-toolkit.ac.uk/](http://www.ct-toolkit.ac.uk/)

**Evidently Cochrane** <http://www.evidentlycochrane.net/>

**Health and Care Professions Council** [www.hpc-uk.org/](http://www.hpc-uk.org/)

**NHS Employers Revalidation Resources** <http://tinyurl.com/j3kxvaz>

**NICE evidence** <https://www.evidence.nhs.uk/>

**NMC Revalidation resource from the RCN**  
<https://www.rcn.org.uk/professional-development/revalidation>

**Nursing & Midwifery Council** [www.nmc.org.uk/standards/revalidation](http://www.nmc.org.uk/standards/revalidation)

**Office of National Statistics** [www.ons.gov.uk](http://www.ons.gov.uk)

**Patient.co.uk** <http://patient.info/education>

**Royal College of Midwives** [www.rcm.org.uk/watch-our-revalidation-video](http://www.rcm.org.uk/watch-our-revalidation-video)

**Royal College of Nursing** <http://rcni.com/workplace/revalidation>

**Royal College of Nursing Learning Zone:**  
<http://www2.rcn.org.uk/development/learning/learningzone>

**Skills for Health** [www.skillsforhealth.org.uk](http://www.skillsforhealth.org.uk)

**Social Care Institute for Excellence** e-learning programmes (including Dementia)  
[www.scie.org.uk/publications/elearning/index.asp](http://www.scie.org.uk/publications/elearning/index.asp)

**Social care online** <http://www.scie-socialcareonline.org.uk/>

**@WeCommunities** [www.wecomunities.org](http://www.wecomunities.org)

**@WeNurses on Twitter** <https://twitter.com/> regular livechats on subjects related to nursing, including revalidation.

**Youtube** [www.youtube.com](http://www.youtube.com) : search for nursing revalidation or midwifery revalidation



## Key documents for nursing revalidation

**NMC : The Code : Professional standards of practice and behaviour for nurses and midwives**  
<https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/nmc-code.pdf>

**NMC : Revalidation Workshop** (completed templates and forms)  
<https://www.nmc.org.uk/globalassets/sitedocuments/revalidation/completed-templates-and-forms-revalidation.pdf>

**RCN : NMC Revalidation : next steps : an update from the RCN on NMC revalidation plus FAQs**  
<https://rcnrevalidation.files.wordpress.com/2015/06/rcn-leaflet-nmc-revalidation-next-steps-leaflet.pdf>

## Apps and E-Learning resources for revalidation

**BBC Webwise** [www.bbc.co.uk/webwise](http://www.bbc.co.uk/webwise)

**Cochrane Learning** [www.wileyhealthlearning.com/cochrane.aspx](http://www.wileyhealthlearning.com/cochrane.aspx)

**Cochrane Journal Club** [www.cochranejournalclub.com/](http://www.cochranejournalclub.com/)

**Dignity in Care** [www.dignityincare.org.uk/Resources/Training\\_resources/](http://www.dignityincare.org.uk/Resources/Training_resources/)

**E-Learning for Healthcare** [www.e-lfh.org.uk](http://www.e-lfh.org.uk)

**FutureLearn** <https://www.futurelearn.com/>

**Health Education England** <https://hee.nhs.uk>

**National Patient Safety Suite** <https://nationalpatientsafetysuite.virtual-college.co.uk/>

**NHS Choices Apps Library** [www.nhs.uk/tools/pages/toolslibrary.aspx](http://www.nhs.uk/tools/pages/toolslibrary.aspx)

**NICE Guidelines app** [www.nice.org.uk](http://www.nice.org.uk)

**Open University Open Learn** [www.open.edu/openlearn/](http://www.open.edu/openlearn/)