The Little Library Book of Nursing Revalidation

West Hertfordshire Hospitals NHS Trust

Library and Knowledge Services
Welcome to the  
Little Library Book of Nursing Revalidation

In this Little Book there are suggestions for books, websites and other resources which offer information on Nursing Revalidation and tips on how to search for relevant evidence.

If you would like help using any of the resources listed, if you would like to know about other available Nursing Revalidation resources, or you need help with finding information for your work or studies, please contact your local East of England Health Libraries service.
Contact details for each library are here:  http://www.eel.nhs.uk

The Library can be contacted by telephone, email, fax, intranet, and social media or by personal visit.

Telephone:  01923 217437

Email:  library.watford@whht.nhs.uk

Twitter:  @whhtlibraries

More information can be found on the library website:  http://whhtlibraries.weebly.com
Books for Revalidation available from the Library

Here is a selection of revalidation-related titles held in our library.

<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Shelf mark</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reflective practice, writing &amp; professional development</td>
<td>Bolton, Gillie</td>
<td>WY 55</td>
</tr>
<tr>
<td>Researching critical reflection: multidisciplinary perspective</td>
<td>Fook, Jan</td>
<td>WY 55</td>
</tr>
<tr>
<td>Successful professional portfolios for nursing students</td>
<td>Reed, Suzanne</td>
<td>WY 55</td>
</tr>
<tr>
<td>Communication skills in health &amp; social care</td>
<td>Moss, Bernard</td>
<td>WY 55</td>
</tr>
<tr>
<td>Reflective practice in nursing</td>
<td>Bulman, Chris</td>
<td>WY 165</td>
</tr>
<tr>
<td>Being critically reflective – engaging in holistic practice</td>
<td>Gardner F</td>
<td>WY165</td>
</tr>
<tr>
<td>Reflective practice in nursing</td>
<td>Howatson-Jones, Lioba</td>
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<tr>
<td>Becoming a reflective practitioner</td>
<td>Johns, Christopher</td>
<td>WY 55</td>
</tr>
<tr>
<td>Writing your nursing portfolio: a step by step guide</td>
<td>Timmins, Fiona</td>
<td>WY 55</td>
</tr>
<tr>
<td>Beginning reflective practice</td>
<td>Jasper, Melanie</td>
<td>WY 54</td>
</tr>
<tr>
<td>Reflection for nursing life</td>
<td>McKinnon, J</td>
<td>WY 55</td>
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Check our online catalogue [http://www.eel.nhs.uk](http://www.eel.nhs.uk) for details of other titles.
How to find evidence to support revalidation

Why review the existing evidence?

Find the latest knowledge & thinking on your question
Identify if someone else has already asked the same question(s)
How well did they conduct their research?
Are their findings relevant or useful to you in answering your question?
Is their research methodology appropriate for your question?
Does the information help you to identify additional questions you should consider?

Where could you look for evidence?

| Colleagues. |
| Reference Lists. |
| Cochrane Library. |
| PubMed / Medline. |
| PsychInfo. |
| Cinahl. |
| BNI. |
| AMED. |
| Social Care Online. |
| TRIP Database. |
| Google Scholar. |

What type of evidence could you search for?

| Background |
| Case studies |
| Clinical trials |
| Conference papers |
| Continuing Professional Development |
| Drug information |
| Expert opinion |
| Guidelines |
| Longitudinal studies |
| Qualitative or Quantitative |
| Research papers |
| Review papers |
| Specific country, setting or timeframe |
| Supplier information |

Find links to relevant and useful databases on the East of England Health Libraries website: www.eel.nhs.uk
How to find evidence to support revalidation

How do you convert your question into a search?

Identify key concepts using search tools such as PICO:
- Problem/Patient/Population, Intervention, Comparison, Outcome.
Identify all the keywords, phrases and terminology relevant for each concept.
Use subject headings such as MeSH.
Look at broader, narrower and related concepts.
Consider alternative spellings and truncated words.

How do you search?

Search more than one resource
Use a mix of keyword searches & formal subject headings
Use truncation and wildcards
Carryout separate searches for each of your key concepts first
Mix and match your search results
Limit your search results by year, language, age range etc.
Explode versus focus
Use citation searches to track who has quoted a particular paper
Save your search records & search history
Use email alerts and personalisation services to keep up-to-date on a topic
Use search filters or clinical enquiry filters
Ask a Librarian

Your Health Care Library is here to help

Find ‘Teach Yourself’ guides to search databases on our regional webpages:
www.eel.nhs.uk

We offer Training sessions in the library.

We provide you with access to specialist databases, eJournals and eBooks from work or home using your NHS Athens Account.
How do you know if the evidence is good?

Use tools such as CASP checklists, to evaluate the quality of the evidence you find:

**CASP : Critical Appraisal Skills Programme**  [www.casp-uk.net/#!checklists/cb36](http://www.casp-uk.net/#!checklists/cb36)

**Centre for Evidence Based Rehabilitation**  

**How to Read a Paper (BMJ series)**  
[www.bmj.com/about-bmj/resources-readers/publications/how-read-paper](http://www.bmj.com/about-bmj/resources-readers/publications/how-read-paper)

**Books:**

### Succeeding in Literature Reviews and Research Project Plans for Nursing Students

- **Title**: Succeeding in Literature Reviews and Research Project Plans for Nursing Students
- **Author**: Helen Aveyard
- **Shelf mark**: W155

![Succeeding in Literature Reviews and Research Project Plans for Nursing Students](image1)

### Doing a Literature Review in Health and Social Care

- **Title**: Doing a Literature Review in Health and Social Care
- **Author**: Helen Aveyard
- **Shelf mark**: W150

![Doing a Literature Review in Health and Social Care](image2)

### How to Read a Paper: The Basics of Evidence-Based Medicine

- **Title**: How to read a paper: the basics of evidence-based medicine
- **Author**: Trisha Greenhalgh
- **Shelf mark**: W155

![How to Read a Paper: The Basics of Evidence-Based Medicine](image3)

### Making Sense of Research

- **Title**: Making Sense of Research
- **Author**: Pam Mole and Gill Hick
- **Shelf mark**: WY20

![Making Sense of Research](image4)

### Understanding Nursing Research: Building an Evidence-Based Practice

- **Title**: Understanding Nursing Research: Building an Evidence-Based Practice
- **Author**: Susan K. Grove
- **Shelf mark**: WY20

![Understanding Nursing Research: Building an Evidence-Based Practice](image5)

### Succeeding in Literature Reviews and Research Project Plans for Nursing Students

- **Title**: Succeeding in Literature Reviews and Research Project Plans for Nursing Students
- **Author**: Graham Williamson
- **Shelf mark**: W150

![Succeeding in Literature Reviews and Research Project Plans for Nursing Students](image6)

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<tr>
<td>Understanding clinical papers</td>
<td>Bowers, David</td>
<td>W155</td>
</tr>
<tr>
<td>A beginner’s guide to critical thinking and writing in health and social care</td>
<td>Aveyard, Helen</td>
<td>W150</td>
</tr>
<tr>
<td>Doing a literature review in health and social care: a practical guide</td>
<td>Aveyard, Helen</td>
<td>W150</td>
</tr>
<tr>
<td>Essentials of nursing research; appraising evidence for nursing</td>
<td>Polit, Denise</td>
<td>WY20</td>
</tr>
<tr>
<td>How to read a paper: the basics of evidence-based medicine</td>
<td>Greenhalgh, Trisha</td>
<td>W155</td>
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<tr>
<td>Understanding nursing research: building an evidence-based practice</td>
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<tr>
<td>Succeeding in literature reviews and research project plans for nursing students</td>
<td>Williamson, Graham</td>
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Journals to support revalidation

Many journals are available to you electronically via the East of England Health Libraries website. Find an A-Z list to all journals you can access:

You will need an Athens account to access the full text.

Useful articles:

Title: We should embrace revalidation and use it to improve our practice.
Citation: Nursing standard, Apr 2016, vol. 30, no. 34, p. 32-33
Author: Tallo, Donato
Abstract: Now that the revalidation system has officially launched, I do hope that all nurses and midwives will engage with the process and see it as an effective tool to ensure high standards of nursing and see it as an effective tool to ensure that high standards of nursing and midwifery practice prevail.

Title: WHY REVALIDATION, WHY NOW?
Citation: Mental Health Practice 2016, vol./is. 19/7(32-33)
Author: Scott, Graham
Abstract: Over recent months, RCNi editorial director Graham Scott has given a series of popular seminars and online webinars about revalidation. Here, he gives an overview of what you need to know.

Title: Reflective practice is vital to the revalidation process.
Citation: Emergency Nurse, 2016, vol./is. 19/7(8-9)
Author: Dean, Erin
Abstract: As the first tranche of staff renew registration this month, emergency nurses explain why a new system was needed.

Title: Leadership skills: The ethically active manager
Citation: Wounds UK, March 2016, vol./is. 12/1(58-60)
Author: Ellis P.
Abstract: With an eye to contemporary topics of interest to today’s nurse managers, this series explores the issues and challenges associated with becoming a leader. In this article we explore revalidation for nurses, giving advice to managers on how to support their staff through the process.

Title: Personal reflection: Going through the revalidation pilot
Citation: British Journal of Midwifery, 2016, vol./is. 24/4(242)
Author: Smart, Mark
Abstract: Mark Smart is a dual-registered nurse and midwife, who works on a busy labour ward at a hospital in Wales. He took part in the revalidation pilot in 2015.

Don’t forget: to find articles on a topic, you can also search Royal Marsden Manual, Cochrane Library, Medline, CINAHL, BNI, TRIP etc. with your Athens account.
Contact the library for further information.
Useful websites to support revalidation

Apollo Nursing Resource  www.apollonursingresource.com/

Behind the headlines  http://www.nhs.uk/News/Pages/NewsIndex.aspx

Biomed Central  www.biomedcentral.com


Clinical Trials Toolkit (NIHR)  www.ct-toolkit.ac.uk/

Evidently Cochrane  http://www.evidentlycochrane.net/

Health and Care Professions Council  www.hpc-uk.org/

NHS Employers Revalidation Resources  http://tinyurl.com/j3kxvaz

NICE evidence  https://www.evidence.nhs.uk/

NMC Revalidation resource from the RCN  https://www.rcn.org.uk/professional-development/revalidation

Nursing & Midwifery Council  www.nmc.org.uk/standards/revalidation

Office of National Statistics  www.ons.gov.uk

Patient.co.uk  http://patient.info/education

Royal College of Midwives  www.rcm.org.uk/watch-our-revalidation-video

Royal College of Nursing  http://rcni.com/workplace/revalidation

Royal College of Nursing Learning Zone:  http://www2.rcn.org.uk/development/learning/learningzone

Skills for Health  www.skillsforhealth.org.uk

Social Care Institute for Excellence  e-learning programmes (including Dementia)  www.scie.org.uk/publications/elearning/index.asp

Social care online  http://www.scie-socialcareonline.org.uk/

@WeCommunities  www.wecommunities.org

@WeNurses on Twitter  https://twitter.com/  regular livechats on subjects related to nursing, including revalidation.

Youtube  www.youtube.com  : search for nursing revalidation or midwifery revalidation
Key documents for nursing revalidation

NMC : The Code : Professional standards of practice and behaviour for nurses and midwives

NMC : Revalidation Workshop (completed templates and forms)

RCN : NMC Revalidation : next steps : an update from the RCN on NMC revalidation plus FAQs
https://rcnrevalidation.files.wordpress.com/2015/06/rcn-leaflet-nmc-revalidation-next-steps-leaflet.pdf

Apps and E-Learning resources for revalidation

BBC Webwise www.bbc.co.uk/webwise
Cochrane Learning www.wileyhealthlearning.com/cochrane.aspx
Cochrane Journal Club www.cochranejournalclub.com/
Dignity in Care www.dignityincare.org.uk/Resources/Training-resources/
E-Learning for Healthcare www.e-lfh.org.uk
FutureLearn https://www.futurelearn.com/
Health Education England https://hee.nhs.uk
National Patient Safety Suite https://nationalpatientsafetysuite.virtual-college.co.uk/
NICE Guidelines app www.nice.org.uk
Open University Open Learn www.open.edu/openlearn/

Adapted from an original booklet created by Sarah George (NHS Wales)